

Annotated Bibliography on the Need for Nursing Homes

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Annotated Bibliography-Nursing Homes for Long Term Care

Crimmins, E. M. (2015). Lifespan And Healthspan: Past, Present, and Promise. *The Gerontologist*, 55(6), 901-911.

This is a short article published by Oxford Academic on behalf of the gerontologist. It analyzes life expectancy based on past studies, recent reports, and future projections. The article indicates that life expectancy has been increasing in the last few years across all the age ranges. While life expectancy in older ages is expected to increase, it will relatively remain the same for projections at birth thereby authenticating the need for more focus in care for the elderly. Prevalence of diseases has increased prominently mainly due to availability of treatments that extend life for patients. In supporting investment in nursing homes to foster long term care in the United states, the article reported that while very few people make it to 100 years because mortality rates are extremely high at old ages, nursing homes have positively altered the statistics by 50%. It would support the claim of research paper that nursing homes have become a necessity in sustaining life past 100 years.

Golubic, M. (2013). Lifestyle Choices: Root Causes Of Chronic Diseases. *Cleveland Clinic*

Online: https://my.clevelandclinic.org/health/transcripts/1444_lifestyle-choices-root-causes-of-chronic-diseases.

 This article, as posted by Cleveland Clinic on their website, provides insight on the root causes of chronic diseases. Poor lifestyle choices such as smoking, chronic stress, lack of physical activity, poor diet, and overuse of alcohol are the leading cause of common chronic diseases such as cancers, strokes, diabetes, hypertension, cardiovascular diseases, and obesity. It presents an interview Peppy, a journalist, and group of health and nutrition experts. The matters of discussion include the relationship between vegan diet and heart disease, vegan diet and vitamin

deficiency, AHA diet vs. vegan, diet and carotid artery disease, anti-inflammatory diet, Paleo diet, and lifestyle and cholesterol, among others. While the information provided in the article is for convenience rather than for medical advice, the consensus is that is that the common lifestyle choices that increase the risk of chronic disease have become the way of life for modern people. This increases the prevalence of chronic diseases especially as people approach senior age thereby necessitating the need for more nursing homes to cater for the demand for long-term care. This information would crucial evidence in my proposal of investing more in nursing homes.

Pharr, J. R., Dodge Francis, C., Terry, C., & Clark, M. C. (2014). Culture, Care-giving, And Health: Exploring The Influence of Culture on Family Caregiver Experiences. ISRN Public Health, 2014.

Articles from ISRN Public Health have proven to be reliable through review by scholars with diverse knowledge base. In this article, they published a study on the cultural influence on family care-givers experiences. The conclusion was that cultural values and norms influenced the perception of care-giving role and the taxonomy of care-giving. Crucial information for use in research is that there has been a concern due to the current prevalence of family caregivers in the USA and the escalating demand for long-term care. The increasing demand can be attributed to several key factors: growth of the older population, increased longevity, the growing burden of chronic diseases, rising health care costs, and an overburdened formal healthcare system. 

Preston, S. H., & Ho, J. Y. (2009). Low Life Expectancy in the United States: is the Health Care System at Fault? (No. w15213). National Bureau of Economic Research.

The article provides a literature review on international studies of lifestyle diseases such as cancer, stroke, and cardiovascular. It also highlights the prevention and intervention programs as

well as statistics on mortality and survival rate for patients with these diseases. Apparently, life expectancy fares poorly in comparison to other countries primarily due to low survival rate beyond 50 years. The low ranking is blamed on poor performance of the healthcare system that fails to consider the emerging importance of out of hosp³ care. The paper uses death avoidance as the criterion of presenting evidence on the performance of the US healthcare system. In support for establishment of more nursing homes, the article indicates that life expectancy at age 50 in the United States ranked 29th highest in the world in 2006 according to the World Health Organization (2009). It falls 3.3 years behind the leader, Japan, and more than 1.5 years behind Australia, Canada, France, Iceland, Italy, Spain, and Switzerland.

Sezer, M., & Bauer, F. (2017). Introduction to the US Health Care System. Universität Bayreuth.⁶

Chapter two of this book presents information on long term care, which provides the basis for this research paper. Of interest is an institution other than long term hospitals known as nursing homes whose number has increased significantly since 1930s. The number of nursing homes per 1000 individuals has been decreasing over the years since 1973. 21 % of Medicaid expenditure goes to the elderly; however, not all of them benefit from these funds despite entering nursing homes. Jonas' understanding of the US Healthcare System as demonstrated by the scholars who have reviewed his books authenticates his claim of a need for more nursing homes. He uses figures derived from studies to support his claims and highlight a gap in the sector's demand for nursing homes. He indicates that about two thirds of the nursing homes in the United States are for profit with only 26 percent in voluntary sector and 8 percent owned by government agencies⁴. The book is imperative in developing the thesis statement for the research and providing facts in support of the thesis.

Comment Summary

Page 2

1. your citation already tells your reader this is from the Cleveland Clinic website-so this is fine to keep in your personal annotation, but would be redundant in your paper.

Page 3

2. I was looking for something based on the title of the article. For instance, what is the role of culture and caregivers?

Page 4

3. what is 'out of hospital care'? outpatient care??
4. this also supports the textbook
5. make sure your pages numbers go in the right hand corner going forward
6. This is incomplete.

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